



## Available from the Lobster Pound:

(a.k.a. The Red Building featured in the Acura car commercial.)

### Fresh caught lobster by the pound.

Live or cooked.

(Our lobsters are supplied by local lobstermen. The waters in our area are said to be some of the coldest and deepest on the coast of Maine. Ideal conditions for great lobster.)

### Fresh local dug steamer clams.

### Corn on the cob and potatoes cooked in the same water.

Makes it taste that much better.

### Fresh farm raised Mussels. (when available)

### Courteous and sometimes humorous service from our staff.

(watch out for Georgia & Ebby!)



We also ship fresh lobster overnight (and sometimes same day), if you're unable to visit the prettiest harbor in Maine in person. Call for details.

*\*Prices change according to market throughout the season.*

## Available from the Lovenest Grill:

Fried Clam Basket  
(“Best in Maine” - Down East Magazine)

Fried Scallop Basket

Fried Shrimp Basket

Fish & Chips (Fresh Haddock or Salmon)

Fried Haddock Sandwich  
(In case you're wondering, we use crumbs.)

Lobster Roll (Freshest in Maine)  
(We pick our own lobster meat)

Crab Roll

Fried Salmon Sandwich

Grilled Salmon Sandwich

Grilled Haddock Sandwich  
(Just a touch of fresh squeezed lime!)

“Somewhat Famous” Crabcake Sandwich  
(Two of 'em, all crab, no breadcrumb filler.)

Jenny's Special Sandwich  
(Grilled Haddock with a crabcake on top!)

Fish Chowder

### Not From the Sea:

All Beef Burger

Double Burger (It's Huge)

Grilled Natural Casing Hot Dog

Grilled Cheese

Chicken Tender Basket

Grilled Chicken Sandwich

Chicken Salad Sandwich

French Fries

Homemade Onion Rings  
(A huge serving, made fresh everyday.)

*\*Make it a basket with Fries or Onion Rings*

## What They're Saying About Us...

“Best Fried Clams in Maine”  
— *Down East Magazine*

“...Crab cakes here strike an almost yogic balance between light and crispy. Pan-tossed haddock is kissed with tart-sweet lime and slid into a sandwich with cilantro mayo or mustard dill...”

— *The Boston Globe-Calendar*

“The Maine coast lobster-eating experience gets no better than this.”

— *Roadfood*

Jane and Michael Stern

“...the best lobster roll on the coast...”

— *The Washingtonian*

“The best place to gawk and remind yourself why you came.”

— *Travel & Leisure Magazine*

### Try our delicious homemade sauces:

Cilantro Mayo

Mustard Dill

Wicked good Tartar with fresh dill

You'll ask us for a bottle of it!

Five Islands Lobster Company is open from Mother's Day to Columbus Day.

Questions?

Give us a call at  
(207) 371-2990

